

The Town of New Paltz Police Department

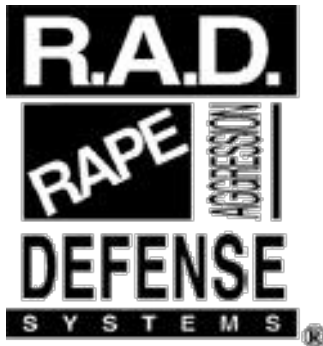
Presents:

R.A.D. Self Defense Training for Women

April 12th, 14th, 19th & 21st

6pm-9pm

New Paltz Community Center



What would you do if you were attacked?

Learn to defend yourself and stay safe with this dynamic, hands-on training. Rape Aggression Defense Systems is the national leader in women's self defense education.

For more information, please visit the website at www.rad-systems.com

****Pre-registration required****

Course is free of charge

Contact Officer Janay Gasparini for more information and to register today:

gasparini@newpaltzny.org

845-255-1323

Please wear comfortable clothing and sneakers. Bring water and a snack.

